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**EDUCATION**

B.A. 1965, Humboldt State University - Arcata, California  
M.A. 1967, University of Nevada, Reno. Experimental Psychology  
Ph.D. 1969, University of Nevada, Reno. Experimental Psychology

**PROFESSIONAL EXPERIENCE**

Instructor of Psychology - University of Nevada - Reno, 1968.  
Assistant Professor of Psychology - University of Southern Colorado,  
1969-1974.  
Associate Professor of Psychology - University of Southern Colorado,  
1974-1978.  
Assistant Vice President for Research - University of Southern  
Colorado, 1980-1982.  
Visiting Professor - Psychology Institute, University of Mainz,  
Germany - 1987  
Chairman, Department of Psychology - University of Southern Colorado,  
1982 - 1988.  
Professor of Psychology - University of Southern Colorado, 1978 -  
1991.  
Chairman, Department of Psychology - University of Colorado Denver,  
1991 - 2000, 2001 - 2002  
Professor Emeritus - University of Colorado Denver, 2000 - present  
Member, University of Colorado Foundation Board of Trustees  
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**JOURNAL ARTICLES**

Gardner, R.M., Nappe, G., & Wallace, W.P. (1968). Order Effect in  
Serial Learning. *Psychonomic Science*, 13(2), 95-96.  
Gardner, E.A. & Gardner, R.M. (1973). Imitation and Sensory Feedback  
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- Gardner, R. M., Maes, J. L., Sandoval, Y & Dalsing, S. (1985). Effects

- of distraction and task complexity on reaction time in obese persons. *Perceptual & Motor Skills*, 61, 855-861.
- Gardner, R. M. & Dalsing, S. (1986). Misconceptions about psychology among college students. *Teaching of Psychology*, 13(1), 32-34.
- Borrego, R. & Gardner, R. M. (1986). Classical conditioning of pupillary constriction. *Perceptual & Motor Skills*, 62, 315-322.
- Gardner, R. & Boice, R. (1986). A computer program to generate signal detection theory values for sensitivity and response bias. *Behavior Research Methods, Instruments, & Computers*, 18(1), 54-56.
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- Gardner, R., Morrell, J., Urrutia, R., & Espinoza, T. (1989). Body image following significant weight loss. *Journal of Personality and Social Behavior*, 4 (5), 603 - 614.
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- Gardner, R., Urrutia, R., Morrell, J., Watson, D., & Sandoval, S. (1990). Children's judgments of body size and distortion. *Cognitive Development*, 385 - 394.
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- Gardner, R. (1990). The fate of external candidates when inside candidates vie for higher education administrative positions. *Psychological Reports*, 67, 1347 - 1354.
- Gardner, R., Gardner, E. A., and Morrell, J. (1990). Body image of sexually and physically abused children. *Journal of Psychiatric Research*, 24 (4), 313 - 321.
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- Gardner, R., and Morrell, J. (1991). Body size judgments and eye movements of body regions in obese subjects. *Perceptual & Motor*

*Skills*, 73, 675 - 682.

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Gardner, R. and Tockerman, Y. (1993). Body dissatisfaction as a predictor of body size distortion: A multidimensional analysis of body image. *Genetic, Social, and General Psychology Monographs*, 199 (1), 127 - 145.

Gardner, R. and Tockerman, Y. (1994). Influence of somatotype on perceived personality traits: A computer-TV video approach. *Journal of Social Behavior and Personality*, 9 (3), 555 - 563.

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Gardner, R. M., Sorter, R., & Friedman, B. N. (1997). Developmental changes in children's body image. *Journal of Social Behavior and Personality*, 12 (4), 1019-1036.

Gardner, R. M., Friedman, B. N., & Jackson, N. A. (1998). Methodological concerns when using silhouettes to measure body image. *Perceptual & Motor Skills*, 86, 387-395.

Gardner, R. M., Friedman, B. N., Stark, K., & Jackson, N. (1999). Body size estimations in children six through fourteen: A longitudinal study. *Perceptual & Motor Skills*, 88, 541-545.

Gardner, R. M., Friedman, B. N., & Jackson, N.A. (1999). Gender and ethnic differences in children's judgments of perceived and ideal

- body size in self and others. *Psychological Record*, 49, 555-564.
- Gardner, R. M., Friedman, B. N., & Jackson, N. A. (1999). Body size estimations, body dissatisfaction, and ideal size preferences in children six through thirteen. *Journal of Youth and Adolescence*, 28 (5), 603-618.
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- Gardner, R.M., Brown, D.L., & Boice, R. (2012). Using Amazon's Mechanical Turk website to measure accuracy of body size estimation and body dissatisfaction. *Body Image*, 9, 532-534.
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- Gardner, R.M.. (2014). Weight status and the perception of body image in men. *Psychology Research and Behavior Management*, 7, 175-184.

#### INVITED ADDRESSES (selected)

- Body image and obesity. University of Mainz, Germany, April, 1987. Sensory and non-sensory aspects of obesity. University of Osnabruck, Germany, April, 1987.
- Fat rats and fat people. University of Erlangen, Germany, May, 1987.
- Internal and external aspects of obesity. University of Mainz, Germany, May, 1987.
- The perceptual world of obese human beings: sensitivity and judgment. University of Nevada - Reno, September, 1987.
- The sensory world of the obese. Southeastern Missouri State University, December, 1987.
- Measurement of body image in the obese: The role of sensory and non-sensory factors. Joint meeting of the Rocky Mountain and Western Psychological Associations, April, 1989.
- The role of sensory and nonsensory factors in body size judgments. Johannes Gutenberg University, West Germany, May, 1989.

Psychophysical techniques in the measurement of body image. University of Liverpool Medical School, Liverpool, England, June, 1991.

Measurement of the perceptual and affective components of body image disturbances in subjects with eating disorders. Specialist meeting on body image and eating disorders, 20th European Conference on Psychosomatic Research, Gent, Belgium, August, 1994.

Body images in children: size estimations and predisposing factors for eating disorders. Bogazici University, Istanbul, Turkey, November, 1998.

Predictors of eating disorder scores in children ages 6 through 14. Oxford University, June, 2001.

Predictors of eating disorder scores in children. Strathclyde University, Glasgow, Scotland, June, 2001.

Perceptual evaluation: Perception and body dissatisfaction. 1st Brazilian body image symposium and conference. Campinas State University, Brazil, August, 2010.

#### **BOOKS/BOOK CHAPTERS**

Gardner, R.M. (1980). *Exercises for General Psychology*. Minneapolis: Burgess Publishing, 1980.

Gardner, R. M. (2001). Assessing body image disturbance in children and adolescents. In J. Kevin Thompson and Linda Smolak (Eds.), *Body image, eating disorders, and obesity in children and adolescents" Theory, assessment, treatment, and prevention*. Washington D.C.: American Psychological Association.

Gardner, R. M. *Psychology Applied to Everyday Life*. (2002). Santa Barbara, CA: Wadsworth

Gardner, R.M. Body image assessment of children. (2002). In T.F. Cash & T. Pruzinsky (Eds), *Body images: A handbook of theory, research, and clinical practice*. New York: The Guilford Press.

Thompson, J.K. & Gardner, R.M. (2002). Measuring perceptual body image among adolescents and adults. In T.F. Cash & T. Pruzinsky (Eds), *Body images: A handbook of theory, research, and clinical practice*. New York: The Guilford Press.

Gardner, R.M. & Brown, D.L. (2010). Measurement of the perceptual aspects of body image. In N. Gotsiridze-Columbus (Ed.), *Body image: Perceptions, Interpretations and attitudes*. Hauppauge, NY: Nova Publishers. pp. 81-102.

Gardner, R.M. (2011). Perceptual measures of body image for adolescents and adults. In T. Cash & L. Smolak (Eds.), *Body Image* (2nd ed.) New York: Guilford., pp.146-153.



Gardner, R. M. (2012). Measurement of perceptual body image. In T. Cash (Ed.), *Encyclopedia of Body Image*, New York: Lawrence Erlbaum.

Gardner, R.M. & Brown, D.L. Measurement of the perceptual aspects of body image. In S.B. Green (Ed.), *Body Image: Perceptions, Interpretations and Attitudes*. New York: Nova Science Publishers, 81-102.

Gardner, R.M. *Voyage Through Alzheimer's: A psychologist confronts his wife's deadly disease*. KDP: 2020.

**RESEARCH GRANTS:** Principal investigator on all grants.

National Institute of Mental Health, RR08197-01, (1981-1984). Sensory and non-sensory aspects of obesity. (\$132,000)

National Institute of Mental Health, RR08197-04. (1984 - 1988). Internal and external aspects of obesity, (\$152,000)

National Institutes of Health, RR08197-03S3, (1985). Equipment grant for 10 channel polygraph, (\$15,090).

National Institutes of Health, RR08197-06 (1986). Equipment grant for pupillometer/eye-tracking device, (\$25,000)

National Institutes of Health, GRS 3 S06 RR08197-07S2. (1988 - 1989). Internal and external aspects of obesity. (\$65,677).

National Institutes of Health, Minority High School Student Research Apprentice Program. (1989). (\$7,500).

National Institutes of Health, S06-RR08197. (1989 - 1993). Stressful life events and illness (\$240,372)

National Institutes of Health, Minority High School Student Research Apprentice Program. (1990). (\$12,000)

National Institutes of Health, Minority High School Student Research Apprentice Program (1991). (\$15,000)

National Institute of Child Health and Human Development, 1 R15 31697-01A1, (1995 - 1998). Developmental changes in body-image of children. (\$101,536)