

## CURRICULUM VITAE

**Joan T. Bihun, PhD**  
**Assistant Professor, Clinical Teaching Track**  
**Psychology**

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### **Education:**

1994-1998 University of Wisconsin, Madison (postdoctoral research in behavioral genetics)

1994 Wayne State University, Detroit, MI, Ph.D. (Developmental Psychology)

Dissertation: "Temperamental influences on infant information-processing ability"

1990 Wayne State University, Detroit, MI, M.A.

Thesis: "The influence of environmental and temperamental factors on an infant's ability to cope with stress"

1987 University of Michigan, Dearborn, MI, B.A.

### **Affiliations**

2012 Rocky Mountain Psychological Association (RMPA) Member

2009-present Society for the Teaching of Psychology (STP) Member

2008-present Association for Psychological Science (APS) Member

### **Awards:**

2014 CLAS Faculty Dissemination Grant

2013 Society for Teaching of Psychology, Division 2 APA, Teaching Excellence Award, Adjunct Faculty

2012 University of Colorado Denver Excellence in Teaching Award, Non-Tenure-Track Faculty

2010 UCD Provost's Award for Excellence in Practices Related to Non-Tenure-Track Faculty

### **Conferences/Committees/Workshops:**

2014 National Institute for the Teaching of Psychology, St. Petersburg, FL

2013 CU Succeed Summer Conference, University of Colorado Denver

2013 Nursing Child Assessment Satellite Training Teaching scale certification, University of Washington

2013 Rocky Mountain Psychological Association, Denver, CO

- 2013 Engaged Faculty Institute (EFI), Service Learning Workshop, Denver, CO
- 2012 Society for the Teaching of Psychology Best Practices Conference, Atlanta, GA
- 2012 U.S. Autism and Asperger's Association, Denver, CO
- 2011 Worth Publishers Focus Group for Introductory Psychology, New York, NY (October)
- 2011-present CLAS learning objectives committee, UCD
- 2011-present Department of Psychology outcomes assessments committee
- 2011-present Faculty Advisor for Psi Chi, International Honor Society for Psychology, UCD chapter
- 2011-present Faculty Advisor for Active Minds, UCD chapter
- 2011 Colorado Integrative Medicine Workshop, Estes Park, CO, July
- 2010-present Judge, Research and Creative Arts Symposium, UCD and Anschutz Medical Campus
- 2010 Presidential Teaching Scholars Workshop, AMC, University of Colorado
- 2008-present Educational Testing Service (ETS), Advanced Placement Exam reader for Psychology, Kansas City, MO
- 2006 Teaching Psychology Workshop, Auraria Campus
- 2006 Participant in the 13th International Workshop on Methodology of Twin and Family Studies, University of Colorado Boulder
- 1998 Certified Five Minute Speech Sample Coding System (FMSS) coder
- 1996 Certified Facial Action Coding System (FACS) coder
- 1996 Participant in the Eighth International Workshop on Methodology of Twin and Family Studies, University of Colorado Boulder
- 1995 Nursing Child Assessment Satellite Training (NCAST), University of Wisconsin-Madison

**Teaching Experience:**

**International College of Beijing, China Agricultural University, Beijing**

December 19, 2011-January 6, 2012 Psychology 1005: Introduction to Psychology II

**University of Colorado Denver**

1/11 Psychology 4840: Independent Study and Undergraduate Thesis Supervision

1 /04-present Psychology 2090: Introduction to Statistics and Research Methods

Medium sized lecture (40-50 students) focusing on statistical methods used in the behavioral sciences. Lecture and lab format covering descriptive statistics used with all levels of measurement and inferential statistics used with interval and ratio data (z-tests, t-tests; one-way and two-way ANOVA; correlation/regression). Students taught to use SPSS to analyze data set and to interpret analyses.

8/99-present Psychology 1000: Introduction to Psychology I

Large lectures (80-125 students) with a focus on the biological basis of human behavior. Topics include research methodology, neuroscience; behavioral genetics; learning and memory theories; states of consciousness, cognition, emotion, and motivation. Lecture/discussion format with multiple choice and short answer exams; discussion paper assignments.

1/01-present Psychology 1005: Introduction to Psychology II

Medium to large sized lecture (40 - 100 students) with a focus on introduction to the scientific study of behavior, including an overview of the history of psychology, development, personality, psychological disorders, therapy, health psychology, and social behavior. Lecture/discussion format with multiple choice and short answer exams; discussion paper assignments.

8/12- present: PSYC 3205: Human Development I: Child Development

Large lecture (70-100+) focusing on prenatal, infant, and child periods of development. Lecture/discussions/activities all done within class; multiple choice and essay exams; written assignments

9/04 – present Psychology 3215: Human Development II: Adolescence and Adulthood

Medium sized lecture (70 students) with focus on development during adolescence and adulthood. Lecture/discussion format with multiple choice and essay exams, observation/interview lab paper assignments.

1/03 – 5/03 Psychology 3600: Development in Infancy

Small seminar (up to 20 students) covering physical, cognitive, and emotional development in infancy. Lecture/discussion format with essay question quizzes, discussion papers, infant product critiques, and infant observation project.

1/02 – 5/02 Psychology 3600: Behavior and Stress Management

Small seminar (up to 20 students) covering the physiological, emotional, and cognitive aspects of stress and various techniques for stress management. Students completed multiple-choice and short answer quizzes and designed both community and individual stress management proposals.

Psychology 4840: Independent Study in Psychology

Supervision and mentoring of a single student/semester who is doing more in-depth research in a psychology area of interest. Contact includes weekly or bi-weekly meetings to discuss readings or work involved and regular paper revisions throughout the semester.

### **University of Denver**

1/05-1/06 Psychology 3020: Adolescence

Small to medium sized lecture (up to 40 students) focusing on physical, emotional, and social development during the period of adolescence. Multiple choice and essay exams, application and interview paper assignments.

### **Regis University, School for Professional Studies**

7/01-7/04 Psychology 469: Lifespan Development

Small seminar (6-20 students) for returning adult learners. Format includes informal lecture, group activities, student presentations of research articles, and student presentation of final research papers.

10/00-12/04 Psychology 462: Behavior and Stress Management

Small seminar (6-20 students) for returning adult learners. Format involves lecture, group discussions, demonstrations, community projects, and behavior change papers.

### **University of Colorado Health Sciences Center**

10/00-6/01 Harris Training Program Infancy Seminar

Co-facilitate a core reading seminar for Harris training fellows with doctoral degrees in clinical psychology. Readings include various topics concerning clinical and non-clinical infant and family populations. Course has an informal discussion format.

### **Metropolitan State College of Denver**

1/99-5/99 Psychology 1001: Introductory Psychology

Mid-size course (roughly 60 students) covering general psychology topics. Lecture format but students also do both applied (research; interviews; attend guest lectures, etc.) and written assignments throughout the course of the semester. Exams are multiple-choice format.

Psychology 2210: Developmental Psychology

Mid-size course (roughly 35 students) covering development throughout the life

span directed toward psychology and undecided majors. Students attend lecture, write reviews/critiques of relevant current event articles, and take multiple-choice and short answer exams.

### **University of Wisconsin-Madison**

1/98-5/98 Educational Psychology 320: Infancy and Early Childhood (undergraduate)

Course on human development through the early school-aged years for elementary education majors. Students attend lecture but also participate in discussion panels as well as review/critique current event articles applicable to topics covered in the course. Class size of 160 students.

9/96-12/97 Psychology 560: Child Psychology (undergraduate, lecture)

Three semesters teaching a 3-credit course on child development from prenatal period through adolescence. Development discussed from a variety of theoretical perspectives. Focus in on a combination of research and application. Class section sizes ranged from 35 - 220 undergraduate and graduate students.

9/96-12/97 Psychology 699: Independent Readings in Psychology (undergraduate, advisor)

Created independent reading lists covering empirical and theoretical works from the infancy and early childhood literature. Students are required to write weekly papers reflecting on the material and conduct a final project. This 1-3 credit course has been offered on an individual basis and typically had 1-2 students registered a year.

9/96-12/96 Child and Family Studies 369: Family and Community Influences on the Young Child (undergraduate, senior seminar)

Child development discussed from the ecological perspective primarily focusing on influences from the family and broader community. Focused on a variety of applied topics and programs designed to enhance development of children from the prenatal period through middle childhood; discussion-based class of 20 students.

1/95-5/96 Psychology 411: Current Topics in Infancy (undergraduate, senior seminar)

Three semesters teaching a 3-credit, writing intensive course consisting of college seniors majoring in psychology. Conventional issues in infancy were discussed including research methodology, emotional, cognitive, and social development, and infants at-risk. Students were required to write weekly chapter summaries and bi-weekly current event critiques, and present one group and one individual final project related to topics discussed in class. Small specialty section sizes of 15-25 students.

**Research Positions:**

3/99-12/01 Research Coordinator, "Symptom Perception in Pediatric Asthma"

National Jewish Medical and Research Center, Denver, CO

PI: Marianne Z. Wamboldt, M.D.

Coordinate/supervise longitudinal study investigating the link between accuracy of symptom perception and severity of asthma. Project included interviewing children (N = 160; 8-18 years) and their parents, administering emotional and cognitive assessments, and performing relevant medical procedures, data management and analyses (SPSS).

7/98- 10/01 Research Coordinator, "Genetic and Social Influences on Youth Health Behavior" National Jewish Medical and Research Center, Denver, CO

PI: Marianne Z. Wamboldt, M.D.

Coordinate/supervise a large behavior genetics study (N = 101 twin pairs) investigating the link between health behavior and emotional disorders; interview parents and their adolescent twins (N = 101 twin pairs; 12-20 years) regarding personality and family functioning; coordinate data collection and analyses (SPSS) from clinical research center, blood labs, and pediatric psychiatry measures.

1/97-6/98 Project Coordinator, "Infant Temperament and Cognition Study" Waisman Center for Developmental Disabilities, University of Wisconsin-Madison

Postdoctoral research; Longitudinal study researching the link between emotion and cognition in early infancy (5 to 8 months); includes assessing predictors of individual differences in infant information-processing, temperament, and parent-infant interaction.

10/94-6/98 Associate Researcher, "Genetics of Emotional Ontogeny"

Department of Psychology, University of Wisconsin-Madison

PI: H. Hill Goldsmith, Ph.D.

Post-doctoral position; coordinate infant and early childhood cognitive assessments used in a larger, longitudinal twin study on emotional development; coordinate data collection for prenatal and perinatal period from hospital birth records, supervise 1-4 undergraduate students working for research credit each semester; twin analyses of data.

6/91-9/94 Research Associate, Center for Infant Development

Department of Psychology, University of Denver

PI: Marshall M. Haith, Ph.D.

Designed and ran experimental studies of infant cognition with 2-8-month-olds using the Visual Expectation Paradigm (VExP). Spent one year as laboratory manager, organizing and conducting independent research projects and supervising undergraduate and graduate students.

9/87-5/91 Graduate Research Assistant, “Prenatal Alcohol Exposure and Infant Cognition”

Department of Psychology, Wayne State University

PIs: Joseph and Sandra Jacobson, Ph.D.

Conducted infant cognitive assessments at 6, 12, and 13 months; did abbreviated cognitive assessments and interviews with mothers from an inner-city population; extensive experience conducting multivariate analyses on a large longitudinal data set; trained graduate and undergraduate students to conduct assessments; supervised data management.

1/91-5/91 Graduate Research Assistant, “Prenatal Exposure to PCBs–10 year follow-up”

Department of Psychology, Wayne State University

PI s: Joseph and Sandra Jacobson, Ph.D.

Conducted an extensive battery of cognitive tasks designed for a normal and disadvantaged, largely rural, elementary school sample; conducted parent interviews on the child’s emotional behavior and the home environment; trained graduate students to conduct assessments and score cognitive tasks.

8/90-5/91 Graduate Research Assistant, “Infant Vision Development”

Department of Ophthalmology, Henry Ford Hospital, Detroit, MI

PI: Barry Skarf, M.D., Ph.D.

Aided in testing normal and strabismic infants, ran computer-simulated presentations of visual stimuli and analyzed significance levels of visual evoked potentials.

**Grants, Awards, and Honors:**

2013 Teaching Excellence Award, Society for the Teaching of Psychology, Adjunct Faculty

2012 Teaching Excellence Award, NTTF, University of Colorado Denver

2010 Faculty Excellence Award in Teaching (NTTF, Psychology)

2000 American Thoracic Society (ATS) travel grant award

1997 Friends of the Waisman Center Grant (Joan Bihun, Principal Investigator)

1995-1997 Dean Foundation Grant, “Perinatal Factors in Infant Emotional and Cognitive Development,” (Joan Bihun, Principal Investigator)

1992 Wayne State Dissertation Award

1989 & 1991 Thomas C. Rumble Training Fellowship

1989 Wayne State University Graduate Student Organization Representative

1988 & 1990 Graduate Research Assistantship

1988 NIMH Training Fellowship

1987 Graduate Teaching Assistantship

1987 James B. Angell Award- University of Michigan

1987 Graduated with honors, University of Michigan

### **Published Papers:**

Bihun, JT (2014). A Late Bloomer: Confessions of a recovering lecturer. In R. Bubb, J. Stowell, & W. Buskist (Eds.) *The Teaching of Psychology in autobiography: Perspectives from exemplary psychology teachers* (Vol 5) (pp. 16-21). Retrieved from the Society for the Teaching of Psychology website: <http://teachpsych.org/Default.aspx?pageId=1862868>

Bihun, JT, Wamboldt, MZ, Gavin, L, & Wamboldt, FS (2002). Can the Family Assessment Device (FAD) be used with school-aged children? *Family Process*, 41(4), 723-731.

Millikan, E., Wamboldt, MZ, & Bihun, JT (2002). Perceptions of the family, personality characteristics, and adolescent internalizing symptoms." *J Am Acad Child Adolesc Psychiatry* 41(12): 1486-94.

Wamboldt, MZ, Bihun, JT, Szeffler, S, & Hewitt, J (2000). Perception of induced bronchoconstriction in a community sample of adolescents. *The Journal of Allergy and Clinical Immunology*, 106, 1102-1107.

Jacobson, SW, Bihun, JT, & Chiodo, L.M. (1999). Effects of prenatal alcohol and cocaine exposure on infant cortisol levels. *Development and Psychopathology*, 11, 195-208.

Goldsmith, HH & Bihun, JT. (1997). Conceptualizing genetic influences on early behavioral development. *Acta Paediatrica*, 86, 54-59.

Goldsmith, HH, Aksan, N, Lemery, KS, Bihun, JT, Buss, KA, & Pfeifer, M (1995). Initial evidence for genetic influences on the onset of emotional expressions in early life. *Behavior Genetics*, 25, 267.

Jacobson, SW, Jacobson, JL, O'Neill, JM, Padgett, RJ, Frankowski, JJ, & Bihun, JT (1992). Visual expectation and dimensions of infant information processing. *Child Development*, 63, 711-724.

### **Published Review:**

Benson, JB & Bihun, JT (1995). Review of J. Colombo (Ed.) *Infant Cognition: Predicting later intellectual functioning*. *American Journal on Mental Retardation*, 99, 567-571.

### **Presentations at Professional Conferences:**

Klein, M & Bihun, JT (2015, April). How Different Types and Sources of Feedback Affect Student Attitudes Towards the Reviewer and the Feedback. Paper presented at the annual conference of the Rocky Mountain Psychological Association, Boise, ID.

Richmond, A & Bihun, JT (2014, April). Celebrating Psi Chi Chapter Successes: A Chapter Exchange. Presentation at the annual conference of the Rocky Mountain Psychological Association, Salt Lake City, UT.

Kern, C & Bihun, JT (2014, Apr). Effect of age on academic motivation and achievement. Paper presented at the annual conference of the Rocky Mountain Psychological Association, Salt Lake City, UT.

Wheeler, K, Salazar, M, Sheylfer, J, Bihun, JT & Handelsman, H (2014, Apr). Best Practices in Undergraduate Education: What can we learn from the NSSE?, Salt Lake City, UT.

- Bihun, JT, Allen, R, & Shyu, V (2014, Jan). Aligning learning outcomes in the statistics and research methods course sequence. Participant Idea Exchange presented at the annual conference of the National Institute for the Teaching of Psychology, St. Petersburg, FL.
- Bihun, JT (2014, Jan). Incorporating Service Learning Type Projects into Intro Psych Courses. Participant Idea Exchange presented at the annual conference of the National Institute for the Teaching of Psychology, St. Petersburg, FL.
- Bihun, J, Withrow, S, & Richmond A.S. (2013, April). Psi Chi Leadership Program: Practical Issues in Running a Chapter. Presentation at the annual conference of the Rocky Mountain Psychological Association, Denver, CO.
- Hewitt, EC, Bihun, JT, & Goldsmith, HH (2002, April). Temperament, parent-infant interactions, and infant mental abilities: An information processing approach. Paper presented at the biennial conference of the International Conference on Infancy Studies, Toronto, Canada.
- Bihun, JT, Wamboldt, FS, Gavin, LA, & Wamboldt, MZ (2001, April). Reliability and validity of the Family Assessment Device (FAD) in school-aged children. Paper presented at the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.
- Bihun, JT, Wamboldt, MZ, O'Lonegan, T, & Kelsay, K (2001, May). Test-retest reliability of perception in a resistance load paradigm. Paper presented at the annual meeting of the American Thoracic Society, San Francisco, CA.
- Hewitt, EC, Bihun, JT, & Goldsmith, HH (2000, July). Longitudinal relationships between interactions with parents, cognitive development, and temperament in young twins. Paper presented at the biennial conference of the International Conference on Infancy Studies, London, UK.
- Bihun, JT, Wamboldt, MZ, & Szeffler, S. (2000, May). Perception of induced bronchoconstriction in a community sample of adolescents. Paper presented at the annual meeting of the American Thoracic Society, Toronto, Ontario.
- O'Lonegan, T, Laudenslager, M, Bihun, JT, Fulton, K, Millikan, E, Hewitt, J, & Wamboldt, MZ (1999, October). Comparison of cortisol levels in monozygotic and dizygotic adolescent twins. Paper presented at the conference of the American Academy of Child and Adolescent Psychiatry, Chicago, IL.
- Hewitt, E., Caranfa, K, Kohnert, K, Chapman, C, Teiz, K, Bihun, JT, & Goldsmith, HH (1999). Cognitive, social, and motoric development in the first year of life: The relationship among object permanence, stranger anxiety, and crawling. Paper presented at the annual meeting of the Midwestern Psychological Association.
- Caranfa, D, Buss, K, & Bihun, J (1999, April). Fear and anger expression in infancy: Contextual issues in laboratory and parent report measures. Paper presented at the biennial conference of the Society for Research in Child Development, Albuquerque, New Mexico.
- Bihun, JT, Roessler, JS, Goldsmith, HH (1998, June). Obstetrical complications in twin pregnancies. Paper presented at the meeting of the Behavior Genetics Association, Stockholm.
- Bihun, JT, Strawn, DR, & Pfeifer, M (1998, April). The role of maternal personality in the mother-infant teaching interaction. Paper presented at the biennial conference of the International Conference on Infancy Studies, Atlanta, GA.
- Wass, TS, Bihun, JT, Hager, L.D., & Haith, MM (1998, April). Cross-sectional study on the development of reactive and anticipatory saccadic eye movements. Paper presented at the biennial meeting of the International Conference on Infancy Studies, Atlanta, GA.
- Bihun, JT, Passehl, JJ, & Strawn, DR (1997, March). The role of parental personality and infant temperament on the mother-infant feeding interaction. Paper presented at the biennial conference of the Society for Research in Child Development, Washington, D.C.



- Bihun, JT (1996, April). Socioemotional influences on cognitive performance in infancy. Paper symposium organized for the International Conference on Infancy Studies, Providence, RI.
- Wass, TS, Bihun, JT, & Haith, MM (1996, April). Independent processes in the formation of expectations. Paper presented at the biennial meeting of the International Conference on Infancy Studies, Providence, RI.
- Buss, KA, Bihun, JT, Lemery, KS, & Goldsmith, HH (1995, June). Genetic and environmental contributions to emotional reactivity in infants, toddlers, and preschoolers. Paper presented at the meeting of the Behavior Genetics Association. Richmond, VA.
- Benson, JB, Haith, MM, & Bihun, JT (1995, April). The development of planning: Where's the future? Paper presented to the biennial meeting of the Society for Research in Child Development, Indianapolis.
- Bihun, JT (1994, April). Temperamental influences on infant information-processing abilities. Paper presented at the Conference on Human Development, Pittsburgh, PA.
- Bihun, JT, Lanthier, EC, & Haith, MM (1994, April). Time limits on working memory in the Visual Expectation Paradigm. Paper presented at the Conference on Human Development, Pittsburgh, PA.
- Bihun, JT, Hannebuth, EW, & Haith, MM (1993, April). Rule-transfer in 20-week-old infants using the Visual Expectation Paradigm. Paper presented at the biennial conference of the Society for Research in Child Development. New Orleans, LA.
- O'Neill, JM, Stettner, LJ, Jacobson JL., Jacobson, SW., & Bihun, JT. (1992, August). Infant facial expression predicts novelty preference in recognition memory task. Presented at the annual conference of the American Psychological Association, Washington D.C.
- Benson, JB, Haith, MM, Bihun, JT, Lanthier, BC, & Thomas, M (1992, May). A questionnaire to assess the development of future-oriented processes in infants and toddlers. Paper presented at the International Conference of Infant Studies, Miami.
- Bihun, JT, & Jacobson, SW (1991, August). Maternal and temperamental influences on infant salivary cortisol levels. Paper presented at the annual conference of the American Psychological Association, San Francisco, CA.
- Kaplan, MG, Bihun, JT, Goldschlag, E, and Goldson, L (1991, April). Maternal teaching strategies and toddler language development in a disadvantaged sample. Paper presented at the biennial meeting of the Society for Research in Child Development, Seattle, WA.
- Jacobson, SW, Kaplan, MG, Jacobson, JL, Sokol, RJ, Kopera, KF, Jozefowicz, D, Buda Abela, M, Schoberlein, S, & Bihun, JT (1990). Ego development and intellectual ability predict breastfeeding in inner-city black mothers. Paper presented at the International Conference for Infant Studies, Montreal
- Jacobson, SW, Jacobson, JL, Schoeberlein, S, Jozefowicz, D, Bihun, JT, Kaplan, MG, & Sokol, RJ (1990). Assessment of maternal cognitive competence in an inner-city sample. Paper presented at the annual American Psychological Association conference, Boston, MA.
- Bihun, JT, Jacobson, SW, Weinshenker, LH, Jacobson, JL, & Sokol, RJ (1989, August). Effects of maternal depression on infant temperament and the HOME. Paper presented at the annual conference of the American Psychological Association, New Orleans, LA.
- Jacobson, SW, Sokol, RJ, Jacobson, JL, Martier, S, Kaplan, MG, Ager, J, Billings, R, & Bihun, JT (1989, May). How much underreporting of pregnancy drinking can be detected by one year postpartum? Paper presented at the annual meeting of the Research Society on Alcoholism, Beaver Creek, CO.



## References:

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