

**Breaking Barriers**

**in History**

*National History Day 2020*



**Don Felipe Baca (1829-74):** Baca **broke barriers** as one of the first settlers of the Purgatoire River valley in Baca County, Colorado.

**Justina Ford (1871-1952**): Ford **broke barriers** as Denver’s first licensed African American doctor.

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**Owl Woman (1810-47):** Also known as Mistanta, she **broke barriers** by spearheading and maintaining good relations between settlers and the Plains Indians.



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PG

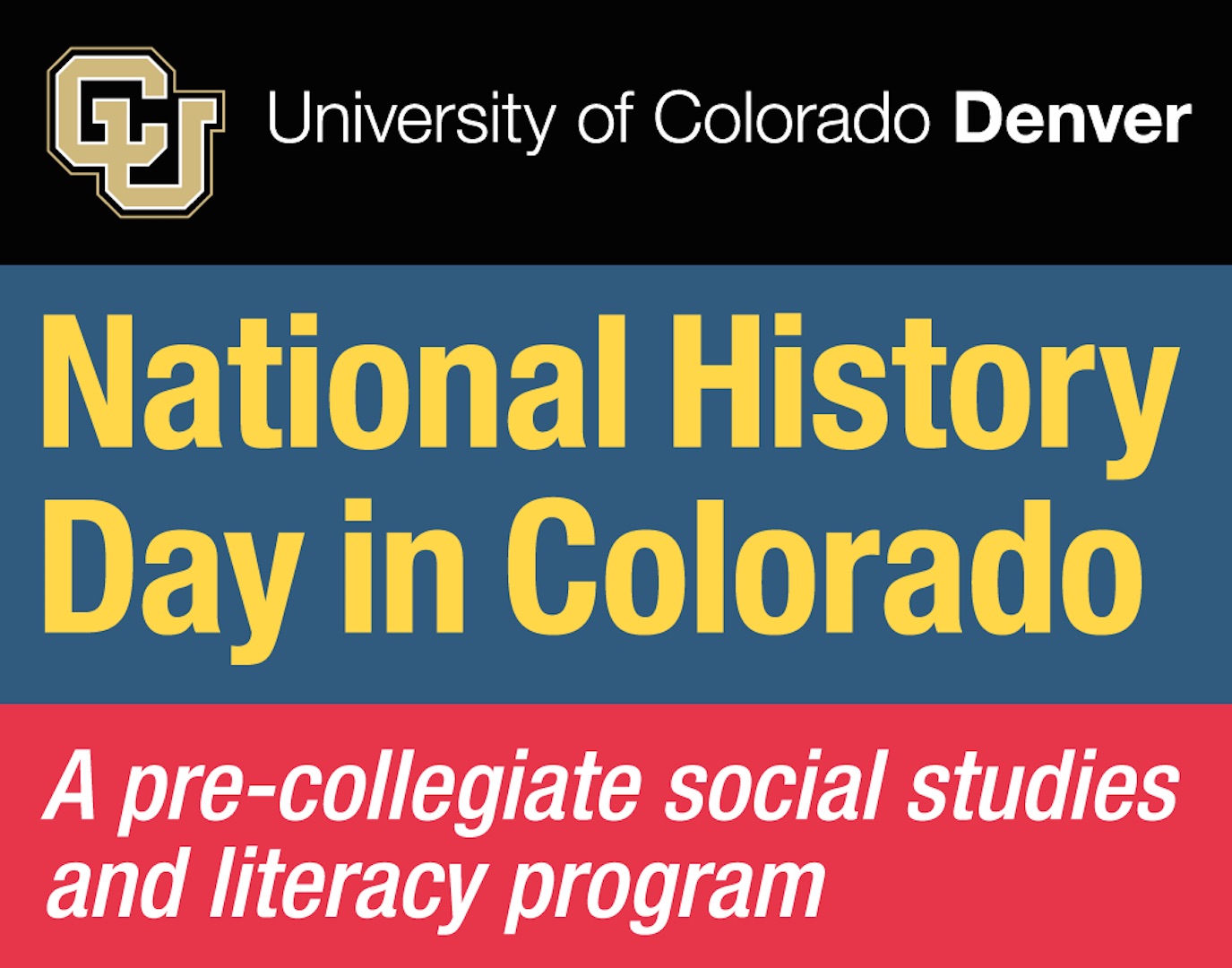


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**Nathan C. Meeker (1817-79):** Meeker **broke barriers** by establishing the Union Colony, an agricultural cooperative in present day Greeley. He also championed suffrage in Colorado.



**Bob Sakata** (1926-): Sakata**,** a Japanese American, **broke barriers** by establishing himself as one of the nation’s most respected produce farmers, after spending WWII in an internment camp in Utah.

**Temple Grandin (1947-)**: Grandin **broke barriers** as a pioneer in the study of animal behavior. She was also one of the first people to share her insights as an individual on the autism spectrum.

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To learn more about**Breaking Barriers in History***,*

visit *nationalhistorydayincolorado.org* and *nhd.org.*

Scan the QR codes on the back for more info on these History Heroes.



**It’s a plane…**

**It’s the**

***History Heroes!***

FB

**It’s a bird…**

**Minnie Reynolds Scalabrino (1865-1936):** Scalabrino **broke barriers** as a female journalist and devoted her life to the fight for suffrage.

**Pam Grier (1949-):** Born and educated in Colorado, Grier **broke barriers** by becoming one of the first African American women to star in an action film.

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