Name ______________________  Student ID# ____________________
Advised by ____________________  Date ________________________

I. 5 Required Introductory Courses

<table>
<thead>
<tr>
<th>Course</th>
<th>Done</th>
<th>To Do</th>
<th>Grade</th>
<th>H/I?</th>
</tr>
</thead>
<tbody>
<tr>
<td>INTS 2020 Foundations of International Studies</td>
<td></td>
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<tr>
<td>ECON 2012 Macro Economics</td>
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<td>PSCI 3042 International Relations or PSCI 3022 Comparative Politics</td>
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<tr>
<td>HIST 4032 Globalization in World History since 1945</td>
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<tr>
<td>COMM 4720 Global Communication or ANTH 2102 Culture &amp; Human Experience</td>
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</table>

II. 10 Courses in the Major
At least four from one Zone of Expertise (full list available via INTS website; includes travel study courses)
At least four from one Focus Theme (full list available via INTS website; includes travel study courses)
At least one High Impact course, e.g., travel study, internship, service learning, or independent study (H/I below)

Note: Students must take courses in at least two different disciplines for both their zone and focus theme, as well as at least three disciplines overall for the major (i.e., PSCI, ECON, HIST, COMM, ANTH or others).

<table>
<thead>
<tr>
<th>Zone of Expertise Courses</th>
<th>Focus Theme Courses</th>
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</thead>
<tbody>
<tr>
<td>Done</td>
<td>To Do</td>
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<tr>
<td>1.</td>
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</table>

Two additional courses from Zone or Theme or 2000-level language courses

Notes:

III. International Studies Capstone: INTS 4990

IV. Language Proficiency (i.e., exam, AP, or 2000-level courses): ____________

- 16 classes (48 credits) required; no more than 56 credits accepted toward graduation. “C” or above required for all major courses.
- Students may transfer in 8 or fewer classes (24 credits).
- Program Honors = 3.0 overall and 3.5 GPA within the major. Register for INTS 4880.
ZONES OF EXPERTISE (at least 4 courses from one zone; students must take courses in at least two different disciplines for their zone)

- Africa (Sub-Saharan; French or other relevant language)*
- Asia (Chinese or other relevant language)
- Europe (English for non-native speakers, French, German, Spanish, or other relevant language)
- Islamic World (Arabic or other relevant language)
- Latin America (Spanish or other relevant language)
- North America (English for non-native speakers, French, Spanish, or other relevant language)
- Global (any language, English for non-native speakers)
- Colonial, Neo-Colonial, & Post-Colonial Worlds (English for non-native speakers, French, German, Spanish, or other relevant language)

* Note: Students may need to take internship, independent study, directed research, or courses outside of CU Denver to fulfill this zone.

FOCUS THEMES (at least 4 courses from one focus themes; students must take courses in at least two different disciplines for their zone)

- Activism, Resistance, & Social Justice
- Environmental Studies
- Ethnicity, Nationalism, & Migration
- Feminist Theory & Gender Studies
- Global Arts & Cultures
- Global Development Studies
- Global Health Studies
- International Business, Communication, & Media
- International Political Economy
- Peace, Human Rights, & Security

PLANNING COURSEWORK FOR THE INTS MAJOR

ASSESS LANGUAGE PROFICIENCY
Students must demonstrate language proficiency to earn their INTS degree (equivalent of four semesters). Students may need to take two full years of coursework (four consecutive courses) to meet the language proficiency requirement. Proficiency exams are offered every semester. Non-native English speakers may use English for their language proficiency. Two 2000-level language courses may be used toward the major. 3000- and 4000-level language courses, when relevant, may be counted toward the Zone, Focus Theme, or other requirements. 1000-level courses cannot be counted toward the major but may be used to fulfill graduation requirements. Students who score a three or above on AP, or who completed four years of high school language with a “C” or above can generally meet the proficiency requirement.

COMPLETE THE INTRO COURSES AND SELECT A ZONE OF EXPERTISE AND A FOCUS THEME
Students must take INTS 2020 before doing any other INTS coursework beyond the other four introductory courses listed. These courses are offered every semester, but space may be limited. Students are strongly encouraged to complete all introductory courses before taking additional courses in the major. Students should look at the course offerings on the INTS website and decide how they will balance the coursework between the zone and the focus theme. Students can choose more regional or global areas or more thematic topics. Some focus themes have more course options than others. Take note of any pre-requisites for courses in the focus areas (especially in economics and business). Also consider study abroad programs.

PLAN TO USE WINTERIM, MAYMESTER, AND SUMMER TO COMPLETE THE MAJOR
INTS requires a Capstone and at least one High Impact project course (e.g., travel study, internship, service learning, or independent study). These courses should be taken when the majority of coursework for the major is complete, ideally in the last semester before graduation. Students can apply for travel study abroad programs in all terms, and internships can be completed in summers.