

JENNALEE S. WOOLDRIDGE, M.A.

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EDUCATION

University of Colorado Denver Ph.D. in Clinical Health Psychology	Expected: 2018
San Diego State University M.A. in Psychology, Physical and Mental Health Research Thesis: <i>Gender Differences in Coping and Health Outcomes in Osteoarthritis Patients</i>	2012
University of Colorado, Boulder B.A. in Psychology & Neuroscience and Integrative Psychology	2009

RESEACH EXPERIENCE

Graduate Research Assistant Anschutz Health and Wellness Center University of Colorado Denver Anschutz Supervisors: Kevin Masters, Ph.D., Holly Wyatt, M.D. and Jim Hill, P.hD. <i>Responsibilities include:</i> <ul style="list-style-type: none">Analyze data from the fitness center members to predict membership retention.Develop new research protocols to examine retention and to enhance current Wellness Center programmingAssist in developing study protocolsPrepare research presentations for national conferencesIntervention development for increasing physical activityAssist in development of Qualtrics surveysLead stress management group with the cast members of ABC's Extreme Weight Loss television show	May 2014-Present
Graduate Research Assistant Healthy Couples Lab, Department of Psychology University of Colorado Denver Principle Investigator: Krista Ranby, Ph.D. <i>Responsibilities include:</i> <ul style="list-style-type: none">Data analysesPrepare research manuscriptsPrepare research presentations for national conferencesAssist in developing study protocolsAssist in development of Qualtrics surveySupervision of undergraduate research assistants	August 2013-Present

Program Evaluation Specialist**June 2012-July 2013**

Department of Family and Preventative Medicine

University of California, San Diego

Supervisor: Andrew Sarkin, Ph.D.

Responsibilities included:

- Ongoing evaluation of the San Diego County Mental Health Services
- Data analyses and reporting
- Manuscript preparation
- Liaison with community groups
- Supervision of interns

Graduate Research Assistant**July 2010-August 2013**

Health Outcome Studies Lab, Department of Psychology, San Diego State University

Principal investigator: Terry Cronan, Ph.D.

Responsibilities included:

- Data analyses
- Assist in the preparation of grant proposals
- Train and supervise undergraduate research assistants
- Manuscript preparation
- Mentor undergraduate students in preparing abstract submissions for conferences

Professional Research Assistant**June 2009-July 2010**

Institute for Behavioral Genetics, University of Colorado at Boulder

Director: John K. Hewitt, Ph.D.

Responsibilities included:

- Administration of structured clinical interviews
- Data analyses and reporting
- Administration of neuropsychological test
- Administration of physiological measures
- Preparation of data for analyses
- Secretarial duties at research meetings

Research Assistant**June 2009-June 2010**

NIH funded study on mindfulness-based cognitive behavioral therapy for postpartum depression, department of Psychology and Neuroscience University of Colorado, Boulder, and Kaiser Permanente Colorado.

Principal investigator: Sona Dimidjian, Ph.D.

Responsibilities included:

- Assisted in preparation of reports to Kaiser Permanente regarding study results and recruitment updates
- Assisted in preparation of progress reports submitted to the NIH
- Data management using Excel and Access
- Preparation of data for analyses
- Conducted literature reviews
- Assisted clinical team at weekly group therapy sessions

- Scored weekly questionnaires for study participants
- Recruited study participants

CLINICAL EXPERIENCE

Practicum Student **June 2016-Present**

Denver VA Medical Center Pain Psychology

Supervisors: Michael Craine, PhD, Adrienne Sloan, PhD

Responsibilities: Perform psychological evaluations, present at the team conference, co-facilitates evidenced-based CBT group and psycho-education group. Deliver psychotherapy to individuals, couples, and families.

Practicum Student **Jan 2016-Present**

Barbara Davis Center for Diabetes, University of Colorado Denver

Supervisor: Kimberly Driscoll, PhD

Responsibilities: Individual outpatient psychotherapy with children and adults diagnosed with type 1 diabetes. Consultation with pediatric patients (>10 years of age) with clinical elevations on the PHQ-9 and/or who endorse suicidal ideation (this is part of a clinic wide initiative to screen patients annually in accordance with American Diabetes Association Guidelines). Consultation/liaison with patients who present with psychological needs as part of the routine diabetes clinic visit. Conduct biopsychosocial assessments of patients with new onset type 1 diabetes.

Practicum Student **Jan 2013-Present**

Psychology Clinic, University of Colorado Denver

Supervisors: Barbara Walker, PhD; Kristin Kilbourn, PhD; Edward Dill, PhD; Kevin Everhart, PhD

Responsibilities: Individual psychotherapy. Conduct assessments and intakes. Participated in weekly group and individual supervision.

Health Information Researcher **2007-2008**

Grillo Health Information Center, Boulder, Colorado

- Research health information for patrons
- Communicate information about medical diagnosis, relevant clinical trials, and health insurance
- Help patrons connect to physicians
- Help patrons find support groups and community resources

Youth Mentor **2008-2009**

B.E.S.T. Mentor Program, Boulder, Colorado

- Mentor for youth involved with the Boulder County Justice System
- Mentor for youth with mental health diagnosis
- Completed training in Motivational Interviewing (MI)

PROFESSIONAL ACTIVITIES

Society of Behavioral Medicine: Student Member **2010-Present**

Western Psychological Association: Student Member **2011-Present**

American Psychological Association (Division 38): Student Member **2013-Present**

Society for Personality and Social Psychology: Student Member **2015-Present**

PEER REVIEWED PUBLICATIONS

- Ross, K. M., Ranby, K. W., **Wooldridge, J. S.**, Robertson, C., & Lipkus, I. M. (2015). Effects of physical and mental health on relationship satisfaction: a dyadic, longitudinal examination of couples facing prostate cancer. *Psycho-Oncology*.
- Lale, R., Sklar, M., **Wooldridge, J.**, & Sarkin, A. (2014). Gender congruence moderates beliefs about the causes of alcohol dependence and major depression. *International Journal of Mental Health and Addictions*, epub ahead of print, doi: 10.1007/s11469-013-9465-y
- Robillos, E., Lale, R., **Wooldridge, J.**, Heller, R., Sarkin, A. (2014). Gender differences in the relative importance of mental health satisfaction domains. *Journal of Evaluation and Program Planning*, 43 (9-15). doi: 10.1016/j.valprogplan.2013.10.003
- Van Liew, C., **Wooldridge, J. S.**, Kothari, D. J., & Cronan, T. A. (2014). Ethnic differences in perceptions of the severity of Alzheimer's disease: Implications for seeking assistance in caring for an ill parent. *California Journal of Health Promotion*, 12(1), 71-82
- Santoro, M. S., Van Liew, C., Cronan, T. A., Franks, H. M., Adams, R. N., Roesch, S. C., **Wooldridge, J. S.**, & Tomita, M. (2014). Physical function and quality of well-being in fibromyalgia: the applicability of the goodness-of-fit hypothesis. *Health Psychology and Behavioral Medicine* 2(1), 496-508.
- Wooldridge, J. S.**, Vasserman-Stokes, E. A., Cronan, T. A., & Sadler, M. S. (2013). Hiring a Pediatric Health Care Advocate for Advisory and Support Services. *Family & community health*, 36(2), 125-134.
- Sarkin, A. J., Tally, S. R. **Wooldridge, J. S.**, Choi, K., Shieh, M., & Kaplan, R. (2013). Gender differences in adapting driving behavior to accommodate visual health limitations. *Journal of Community Health*, epub ahead of print, doi: 10.1007/s10900-013-9730-9
- Price, J. M. & **Wooldridge, J. S.** (2012). Technology-based weight control interventions for reducing cancer risk in children. *Practice of Behavior Medicine and Rehabilitation*, 25, Supp. 9-22.
- Franks, H. M., Cronan, T.A., Santoro, M. S., Roesch, S. C., Devos-Comby, L., **Wooldridge, J. S.**, Rebecca N. Adams, R. N. (2012). Is coping goodness-of-fit related to depression and mood disturbance in women with Fibromyalgia? *Journal of Musculoskeletal Pain*, 20(3), 183-193.

MANUSCRIPTS IN PROGRESS

- Van Liew, C., Santoro, M., **Wooldridge, J.**, & Cronan, T. A. (Revised and resubmitted) "Experience keeps a dear school": The effects of Ethnicity and Caregiving Experience on Hiring a Healthcare Advocate.
- Ranby, K. W., **Wooldridge, J. S.**, & vanDellen, M. R. (submitted for publication). Reports from engaged couples on their own and partner's health behaviors, statuses, goals, and expectations.
- Ross, K., Masters, K. S., Hooker, S. A., & **Wooldridge, J. S.** (In preparation). Developing and testing theory-based behavioral interventions: Example from the Colorado Meaning-Based Activity Project (Co-MAP).
- Hooker, S. A., **Wooldridge, J. S.**, Ross, K., & Masters, K. S., (In preparation). Behavioral incentives for exercise participation: More harm than good?
- Wooldridge, J.S & Ranby, K. W. (In preparation) Partner-influence on diabetes self-management among adults with type 2 diabetes.

PROFESSIONAL PRESENTATIONS

- Wooldridge, J.S.**, Ranby, K. W., & Lynch, S. B. Partner-influence on diabetes self-management among adults with type 2 diabetes. Paper presented at the 2016 Society of Behavioral Medicine Annual Meeting, Washington, D.C.
- Masters, K. S., Hooker, S. A., Koss, K. & **Wooldridge, J. S.** Developing and testing theory-based behavioral interventions: Example from the Colorado Meaning-Activity Project (Co-MAP). Symposium presented at the 2016 Society of Behavioral Medicine Annual Meeting, Washington, D.C.
- Ranby, K. W., **Wooldridge, J. S.**, & Lynch, S. Concordance of multiple health behaviors among engaged couples. Poster presented at the 2016 Society of Behavioral Medicine Annual Meeting, Washington, D.C.
- Lynch, S., Ranby, K., & **Wooldridge, J. S.** Do pregnancy plans affect health behaviors among newly married women? Poster presented at the 2016 Society of Behavioral Medicine Annual Meeting, Washington, D.C.
- Wooldridge, J. S.**, Hooker, S. Ross, K. M., Masters, K. S. , Ranby, K. W., & Hill, J. O. (2015). Distinguishing Early Terminators from Maintainers at a Health and Wellness Fitness Center. Poster presented at the 2015 Society of Behavioral Medicine Annual Meeting, San Antonio, Texas.
- Wooldridge, J. S.**, Lynch, S. B., Ranby, K. W., Robertson, C., Lipkus, I. M. (2015). Perceived Knowledge of PSA and Mental and Physical Health in Prostate Cancer Patients and Partners. Poster presented at the 2015 Society of Behavioral Medicine Annual Meeting, San Antonio, Texas.
- Lynch, S., **Wooldridge, J. S.**, & Ranby, K. (2015). Women's Perception of Own and Partners' Dietary Monitoring Behavior During Engagement and First Months of Marriage. To be presented at Society for Behavioral Medicine 36th Annual Meeting and Scientific Settings. San Antonio, TX.
- Ranby, K., Lynch, S., **Wooldridge, J. S.**, & VanDellen, M. (2015). Measurement of communal coping beliefs for healthy lifestyle goals among newly married persons. To be presented at Society for Behavioral Medicine 36th Annual Meeting and Scientific Settings. San Antonio, TX.
- Ranby, K. W., **Wooldridge, J. S.**, & VanDellen, M. (2015). Reports of Engaged Couples on their own and Partner's Health Behaviors, Goals, and Expectations. Poster presented at the 2015 Society for Personality and Social Psychology Annual Meeting, Long Beach, California.
- Masters, K. S., Hooker, S. A., **Wooldridge, J. S.**, & Ross, K. M. (2015). Developing and testing theory-based behavioral interventions: Example from the Colorado Meaning-Based Activity Project (Co-MAP). Workshop presentation at the 2015 Annual Meeting for the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland, UK.
- Hooker, S. A., Stewart, J., Masters, K. S., Ross, K., & **Wooldridge, J. S.** (2015). Behavioral incentives for exercise participation: More harm than good? Poster presented at the 2015 Annual Meeting for the International Society of Behavioral Nutrition and Physical Activity, Edinburgh, Scotland, UK.
- Wooldridge, J. S.**, Ross, K., Ranby, K. W., Robertson, C., & Lipkus, I. M. (2014). Understanding mental health in partners of prostate cancer patients in the year following treatment. Poster presented at the 2014 Society of Behavioral Medicine Annual Meeting, Philadelphia, Pennsylvania.
- Wooldridge, J. S.**, Vasserman-Stokes, E., & Cronan, T. (2013). The effect of chronic illness and family support on the likelihood of hiring a health care advocate. Poster presented at the 2013 Society of Behavioral Medicine Annual Meeting, San Francisco, California

- Wooldridge, J. S.,** Lale, R., and Sarkin, A. (2013). Gender congruence moderates the beliefs about the causes of alcohol dependence and major depression. Poster presented at the 2013 Society of Behavioral Medicine Annual Meeting, San Francisco, California
- Wooldridge, J. S.** & Cronan, T. (2012). Gender differences in emotion-focused coping among osteoarthritis patients. Poster presented at the 2012 Society of Behavioral Medicine Annual Meeting, New Orleans, LA.
- Adams, R. N., **Wooldridge, J. S.,** & Cronan, T. (2012). Does appraised risk and susceptibility mediate the relationship between health locus of control and intentions to be screened for CRC? Poster presented at the 2012 Society of Behavioral Medicine Annual Meeting, New Orleans, LA.
- Troup, N., Faxon, K., **Wooldridge, J. S.** & Cronan, T. (2012). Factors related to hiring a health care advocate for a parent. Poster presented at the 2012 Western Psychological Association, San Francisco, CA.
- Wooldridge, J. S.,** Eloi, B. & Cronan, T. (2012). Advisory and supportive services for people with Alzheimer's Disease. Poster presented at the 2012 Western Psychological Association, San Francisco, CA.
- Wooldridge, J. S.,** Brown, K., Santoro, M., & Cronan, T. (2011). Factors influencing the likelihood of hiring a pediatric health care advocate. Poster presented at the 2011 Society of Behavioral Medicine Annual Meeting, Washington D.C.
- Dinh, E., Brown, K., **Wooldridge, J. S.,** & Cronan, T. (2010). Effects of physical activity and coping styles on health status. Psi Chi Award Winning Poster presented at the 2010 American Psychological Association Annual Meeting, San Diego, C.A.

COMMUNITY/PROFESSIONAL PRESENTATIONS

- Wooldridge, J. S.** & Hooker, S. A. (2015, March). Stress and emotional eating. Invited presentation to Weight Loss Group at the University of Colorado Lowry Internal Medicine Clinic, Denver, CO.

AWARDS

University of Colorado Denver Graduate School External Funding Scholarship (\$500)	2016
American Psychological Association Dissertation Research Award (\$1000)	2015
American Psychological Association Division 38 Graduate Student Research Award (\$1500)	2015
Qualtrics Behavioral Research Grant (\$3000)	2015
University of Colorado Denver Student Travel Award	2014, 2015, 2016
San Diego State Student Travel Award	2011, 2012

TEACHING EXPERIENCE

- Teaching Assistant for Statistics and Research Methods** **2014**
- Responsible for teaching a 25 student lab section
 - Responsible for grading student assignments
 - Responsible for developing student lab assignments
- Teaching Associate for Introduction to Research Methods** **2011-2012**
- Responsible for teaching a 40 student lab section
 - Responsible for grading student papers

Verbal GRE Tutor for National Institute of Mental Health Career Opportunities in Research Program	2011-2012
Teaching Associate for Psychology Introduction to Psychology	2010
Teaching Associate for Psychology and Culture	2010

RELEVANT SKILLS

Completed University of Colorado Hospital Professional Research Associate EKG training	2013
Completed University of Colorado Hospital Professional Research Associate phlebotomy training	2013

SERVICE

Communications Liaison for the SBM Diabetes SIG	2015-2016
Student Representative	2014-2015
Student Representative for Admissions	2013-2014
<ul style="list-style-type: none"> ○ University of Colorado Denver, Clinical Health Psychology Ph.D. Program ○ <i>Selected by faculty to serve in this role due to demonstrated conscientiousness, ability to strongly represent the program, and skills in outreach, organization, and communication.</i> ○ Duties included: <ul style="list-style-type: none"> ▪ Developing a Welcome Packet for student applicants who interviewed for our program ▪ Organizing transportation and housing for all student applicants ▪ Organizing the student led potluck and happy hour for the student applicants 	