The Department of Health & Behavioral Sciences presents:

Latino health paradoxes: from epidemiological phenomenon to contribution opportunities for psychological science.

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Latinos are the nation’s largest racial/ethnic minority group yet knowledge of their physical health is less well documented or understood relative to other groups. Like other racial/ethnic minorities and underserved populations, Latinos experience significant educational, economic environmental, social, and physical health risks coupled with significant healthcare access issues. Despite these challenges, Latinos appear to experience better health and live longer than non-Hispanics including non-Hispanic whites; an epidemiological phenomenon commonly referred to as the Hispanic or Latino health paradox. These contradictory findings cast doubt on the generalizability of several tenets of psychosocial health and health disparities, spur new questions regarding the nature of risk and the cause of such resilience, and generate opportunities for psychologists to contribute to improving understanding of the ways by which sociocultural factors shape health. This talk will introduce the issue, identify key themes, discuss the current status of the emerging sociocultural hypotheses of Latino health resilience, and offer considerations for future directions.

Friday, October 19th, 2018
2:30 – 4:00 PM
North Classroom, Room 1207