

Paulina Erices-Ocampo, MS, IBCLC

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EDUCATION:

University of Colorado-Denver

PhD Candidate

2021 – current

Doctorate in Health and Behavioral Sciences

Research Assistant for the Community Collaborative Research Center (CCRC)

Research Fellow

Research Title: Social Capital and Health: Social Network Analysis of Immigrant and Native American Networks in a Diverse Urban Community in Colorado

University of Sevilla

2024- 2025

Visitor Researcher

Social Networks and Communities Laboratory

Focus of study: The Study of Neighborhoods in Sevilla, Corpus of Revista Redes

Center for Research and Community Action (CESPYD)

Focus of study: Mothers-Up, Empowering Resilient Motherhood of Migrant, Refugee and Roma Women for their Psychosocial Well-being

Department of Social Psychology

University of Denver

2017 – 2019

Master of Science in Organizational Leadership

Concentration Organizational Development

The Pennsylvania State University

2013 – 2016

Bachelor's of Science in Psychology

Concentration: Organizational Psychology

Graduated with Highest Distinction

Universidad Técnica Federico Santa Maria (UTFSM)

1998 – 2000

60 credits towards Civil Industrial Engineering Valparaíso, Chile

WORK EXPERIENCE:

Director of Organizing and Advocacy

2025 – current

Colorado Statewide Parent Coalition

Systemic Change Team

Co-founder and Director

2023 – current

Cuenta Conmigo Cooperative

Community Workers Cooperative

Maternal and Child Health, Infant Mental Health and Lactation Services

Program Director

2022 – 2024

Lifespan Local Inc.

Programs: Maternal Mental Health, Public Health Educators, Community Leadership

Whole Community Inclusion Program Manager

2020 – 2021

Jefferson County Public Health Department, CO

Community Health Services and Office of Emergency Response

Maternal Child Health Specialist

2016 – 2020

Jefferson County Public Health Department, CO
Adelante Network Coordinator
Care Coordinator, HCP for Children and Youth with Special Health Care Needs

Organizational Consultant 2018 – current

- Carolina Global Breastfeeding Institute, University of North Carolina, NC
- Arlosoul – Facilitator and Equity Consultant, Denver, CO
 - o Community Navigators 2.0 Leadership Training, 2022
 - o Adams County Strategic Planning Session, 2022
 - o Tri-County Health Strategy, 2021
 - o Courageous Conversations/Art of Hosting and Cohort Facilitation 2019 - 2020
- Lifespan Local – Maternal Mental Health Project, Denver CO 2019- 2020
- Colorado Association of Infant Mental Health –COAIMH Foundations Trainers, Reflective Consultation Provider, Denver, CO. 2019 – 2020

Owner and Registered Lactation Consultant 2011 – 2019

Infant feeding/lactation consultation for premature and medically complex infants
Denver Lactation, LLC. Denver Metro Area

Sparks Summer Camp Origami Teacher 2015 – 2016

Jefferson County School District, Lakewood, CO

Certified Birth Doula (DONA) 2006 –2009

Private Practice, State College, PA

Prepared Childbirth Instructor 2007 – 2009

Childbirth Education Association, State College, PA

Lamaze Certified Childbirth Educator 2006 – 2007

Private Practice, State College, PA

Community Coordinator, International Student Housing 2003 – 2005

Colorado State University, Fort Collins, CO

Project Manager 2000 – 2003

Materials Department

Universidad Técnica Federico Santa Maria (UTFSM), Valparaiso, Chile

Project Assistant 1999 – 2003

Physics Department, Physics Department

Universidad Técnica Federico Santa Maria (UTFSM), Valparaiso, Chile

VOLUNTEER WORK:

Latinx Lactation Collective 2017 – current

Members and Latinx Lactation Week Committee Member

Bird Conservancy of the Rockies 2017 – current

Birdbanding volunteer

TRIAD Bright Futures, Jefferson County 2023 – 2024

Executive Committee Member

United States Breastfeeding Committee 2020 – 2023

Board Member, Committee member

Colorado Statewide Parent Coalition 2018 – 2021

Board Member

Special Kids, Special Care, Inc. Board Member	2015 – 2020
International Lactation Consultants Association Chair- Conference Development Team Professional Development Team member	2017 – 2019
Colorado Breastfeeding Coalition Board Member, Conference Manager 2012, 2014, 2016, 2018	2010 – 2018
Colorado Public Health Association Public Health Student Mentor	2018 – 2019
La Leche League International Volunteer peer lactation counselor	2016 – 2018
La Leche League of Mountain Plains Area Coordinator of Leader	2011 – 2016
La Leche League Alliance for Breastfeeding Education Associate Leader Department Administrator	2016 – 2018
La Merced Medical Mission, Nicaragua Interpreter, medical support, lactation consultant	2015 – 2016
North Littleton Promise Academic tutor for immigrant children	2015 – 2016
The Audubon Society of Greater Denver Board of Directors Member	2011 – 2013
Cooperative Playschool, State College Chair Board of Directors	2008 – 2009
Area Leader, Youth Entrepreneurship and Leadership Fundación Mercator, Valparaíso, Chile	2001 – 2002

CERTIFICATIONS

Certified Lactation Counselor	2025 – current
Art of Hosting Practitioner	2018 – current
International Board-Certified Lactation Consultant (IBCLC)	2011 – current
Infant Mental Health Endorsement, Family Associate, Policy Mentor	2019 – current
Lactation Counselor, La Leche League International	2006 – 2018
SENG Parent Model Facilitator, Supporting the Needs of the Gifted (SENG)	2015 – 2016
Master Gardener, The Pennsylvania State University	2009 – 2010
Birth Doula, Doulas of North America	2006 – 2009
Lamaze Certified Childbirth Educator, Lamaze International	2005 – 2009

COMMUNITY ACTIVITIES AND HONORS

University of Colorado Denver, Health and Behavioral Sciences Department, Outstanding Research Award, 2025.
University of Colorado Denver Research Fellow 2024, 2025.
University of Colorado Denver Chancellor's Fellowship Award, 2021.
Colorado Association of Public Health, Excellence in the Promotion of Health Equity 2020.
National Philanthropy Day Award for Adelante Jeffco, November 2020.
Colorado Statewide Parent Coalition, Un Futuro Brillante 2020.

NACCHO Model Practice Award for Project Systems-Based Approach to Facilitate Lactation Support throughout the Community, April 2020.
TRIAD Early Childhood Children's Advocate Award Nominee, April 2019.
Jefferson County Public Health, Employee of the Month, November 2018.
Jefferson County Commissioners Award, 2018.
Phi Kappa Phi, Literacy Grant, 2016.
United State Breastfeeding Committee Conference, Colorado Breastfeeding Coalition Representative, Washington D.C. 2012.
Scholarship Award Recipient, Breastfeeding Outlook, 2010.
Scholarship Recipient, Beca Presidente de la Republica for Academic Excellence 1996-1999.

PRESENTATIONS

What do Social Networks Tell us About Health? A SNA Lens to Understand Collective Health. Public Health in the Rockies, Keystone, September 2025.

Connections Made Visible, Networks for Community Action. Institute for Medicaid Innovation. Denver, September 2025.

Social Capital and Health: Social Network Analysis of Immigrant and Native American Networks in a Diverse Urban Community in Colorado. Public Health in the Rockies, Keystone, September, 2024.

Community Engagement in Social Network Analysis. International Network of Social Network Analysis Conference, Sunbelt 2023. Edinburgh, Scotland, June 2024.

Social Network Analysis, Theory, Applications, and Opportunities. CESPYD, University of Sevilla. Sevilla, Spain, June, 2024.

Social Capital and Health: Social Network Analysis of Immigrant and Native American Networks in a Diverse Urban Community in Colorado. Personal Networks and Communities Laboratory, University of Sevilla. Sevilla, Spain, April, 2024.

Culture of Data – Colorado Public Health Association. Listening to Community, Opening the Black Box of Community Work and the Story of Cuenta Conmigo Coop. April 2024.

University of Arkansas for Medical Sciences. *Community Lactation Access Project – Community Lactation Training*. September 2023.

Nevada WIC. *Identity and Traditions in Maternal Child Health*. September 2023. Online.

International Lactation Consultants Association (ILCA). The Future of Lactation Consulting Globally. August 2023.

Social Capital: A Unifying Framework. International Network of Social Network Analysis Conference, Sunbelt 2023. Portland. July 2023.

New Mexico Breastfeeding Coalition. (1) *A whole heart for the littlest babies (Spanish language session)*, (2) *From the Ground Up: Lactation Work from Community to Systems*. February 2023.

Craig-Scheckman Family Foundation. *Compassion and Change, Trauma-informed Organizations*. July 2022.

Gold Learning Online Education. *Lactation Academy Modules*. Online. November 2021.

Colorado WIC. *Identity and Traditions in Maternal Child Health*. 2021. Online.

United States Breastfeeding Committee. *Panel on Resiliency and Community*. June 2021.

University of North Carolina, Erich Carolinas Program. *Identity and Traditions in Maternal Child Health*. December 2020. Online.

Indiana WIC Conference. *The NICU Experience voices of families to inform lactation support*. November 2020. Online.

Colorado Lactation Conference. (1) *Alma, Corazón y Vida; Soul, Heart, and Life – Breastfeeding Support Centered in Community Wisdom* and (2) *Pediatric Disaster Planning – Training and Partnerships for a Formal Operation Plan for Safe Infant and Young Child Feeding*. September 2020. Online.

NACCHO Preparedness Summit. *Collaborative Planning Increases Maternal Child Resiliency in Disasters*. August 2020. Online.

University of Guanajuato, SILBE 2020, Mexico. *Más leche para más bebés, lactancia humana en el contexto de salud pública y promoción comunitaria*. August 2020. Online.

ROSE Summit, Raising Our Sisters Everywhere. *Alma Corazon y Vida, Centered in the Power and Wisdom of Community*. July 2020. Online.

Gold Education, Online Lactation Conference. *Nursing A Preemie, Perspectives For Lactation Supporters and Professionals*. April 2020. Online.

NACCHO 360. *Pediatric disaster planning: The Process of Partnerships to Integrate Safe Infant and Young Child Feeding into a Formal Emergency Operation Plan*. April 2020. Online.

International Lactation Consultants Association Annual Conference. (1) *Developmental Implications for Lactation in Premature and Medically Fragile Babies* and (2) *Jeffco's Safe Infant and Young Child Feeding in Emergencies Denver metro and beyond*. July 2020. Online.

International Lactation Consultants Association Annual Conference. *Adelante!: A Community-Based Approach to Improve Child Health in a Latinx Community*. July 2019. Atlanta, GA.

International Birth Psychology Conference. *Parent-child relationships for babies impacted by NAS*. October, 2018. Denver, CO.

International Lactation Consultants Association Annual Conference. *Neonatal Abstinence Syndrome and Lactation: Support for Families and Providers*. July 2018. Portland, OR.

Gold Education, Online Lactation Conference. Online. *Breastfeeding Advocacy through a Health Equity Lens*. April 2018. Online.

Breastfeeding and Feminism Conference. *From the NICU to Home, Families Experiences*. March, 2018. Chapel Hill, NC.

Gold Education, IBCLC Day. *Leadership Skills in Lactation: Make extraordinary things happen*. March 2018. Online.

American Public Health Association. *Poster presentation From the NICU to the home: mother's experiences*. November, 2017. Atlanta, GA.

Gold Education, Online Lactation Conference. Online. *From the NICU to the home: mother's experiences*. Online. April 2017.

Colorado WIC Annual Lactation Training. (1) *Lactation in the Community* and (2) *Peer Supports for Parents with Premature Babies*. January 2017. Denver, CO.

NICU Consortium Educational Series. *From the NICU to Home, Mothers Experiences – Internship report*. July 2016. Denver, CO.

Psi Chi International Honor Society in Psychology Research Conference. *From the NICU to Home, Mothers Experiences*. April 2016. Online.

PUBLICATIONS

Erices-Ocampo, P., Lubbers, M. J., & Adams, J. (2025). Toward a unified conceptualization of social capital. *Annual Review of Sociology*, 51, 171–190. <https://doi.org/10.1146/annurev-soc-070823-043336>

Alieva, D., Erices-Ocampo, P., Ortiz Ruiz, F., Romero Mendoza, V., Salej Higgins, S., Tubaro, P., & Maya Jariego, I. (2025). Guía para reportar datos de redes sociales y redes personales: El caso de la revista REDES. *REDES. Revista Hispana para el Análisis de Redes Sociales*, 36(1), 104–127. <https://doi.org/10.5565/rev/redes.923>

Oscilowicz, E., Solís, G. A., Martínez, L., Németh, J., Simon, G. L., Makarewicz, C., Dickinson, K. L., McKenzie, L. M., Scandlyn, J., Erices-Ocampo, P., Kinney, P. L., & deSouza, P. (2025). The role of community science in addressing policy change: A critical review of air pollution literature. *Current Environmental Health Reports*, 12(1), Article 17. <https://doi.org/10.1007/s40572-025-00483-w>

HONOR SOCIETIES AND MEMBERSHIPS

INSNA, International Network for Social Network Analysis

IAPHS, Interdisciplinary Association for Population Health Science

CPHA, Colorado Public Health Association

COAIMH, Colorado Association for Infant Mental Health

LANGUAGE

Bilingual Spanish and English. Native Spanish Speaker.