

Resources

- Community mental health centers/crisis lines
 - Healthier Colorado: healthiercolorado.org/about/covid-19-resources
 - Colorado Crisis Services: Call 1-844- 493-8255, text “TALK” to 38255 or go to coloradocrisisservices.org
 - American Foundation for Suicide Prevention’s Mental Health and COVID-19 page: afsp.org/campaigns/covid-19
 - COVID-19 Mental Health Resource Hub: psychhub.com/covid-19
 - Mental Health Center of Denver: mhcd.org/covid19
 - Mental Health of Colorado:
www.mentalhealthcolorado.org/resources